

Respect and Dignity



Sometimes Substance Abuse or Addiction is a web of complicated deceptions that only can be untangled with help from a professional

Harm Reduction is a Different Type of Program

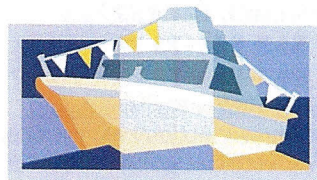
New Direction Treatment Services provides 12 weeks of individual or group support / education for individuals that have been prescribed medications for chronic pain problems or psychiatric Issues. Curriculum focus is: responsible use of medication, developing coping skills, improving communication with physician, alternatives ways to cope with pain, reducing impulsivity, developing a support system, and issues related to anger.

Clients may remain on their prescribed medication while attending this program (i.e. opiates, benzodiazepines, Suboxone, etc.).

Ongoing Assessment and Referral

We work with clients to help stabilize them and we will also refer them to outside programs/professionals if need be. Additionally, we can transfer clients into one of our substance abuse programs when it is appropriate to do so. We may need to have contact with physicians to enlist support or coordinate treatment.

Often clients initially have a difficult time engaging in a group setting. Therefore, individual sessions may be used to prepare the client for the transition into a group experience that will be effective and beneficial.



We provide Encouragement and Support for a Safe journey into Recovery

To Enroll in the HARM REDUCTION PROGRAM:

- Please call the office @ **513-541-7111** or
- FAX a referral to **513-541-7222** or
- Email a referral to donnabutler@newdirectiontreatment.com
- Probation officers, therapists, physicians, or clients may call directly

The cost of the program is \$25 per session or \$300 for the entire program.

10% Discount is available for prepayment.

(Community outreach program scholarships may be available for the Harm Reduction Program)